Old Lyme

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Events

Volume 8 • Quarter 4 • 2014



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Selectwoman's Corner

As the Fall of 2014 gives way to winter, and we prepare ourselves and our homes for the cold weather, the Town of Old Lyme continues to be a busy place, with lots going on:

Congratulations to newly elected officials: On Nov. 4, 2014, Paul Formica, First Selectman of East Lyme, was elected to serve as State Senator for the 20th Senatorial District, replacing our long serving Senator Andrea Stillman after she retired. Paul has a reputation for collaborating with other elected officials in the area, and advocating for all people in his community. His past record of service has prepared him well for this position. In addition, a newcomer to the field of elected service is **Devin Carney** of Old Saybrook. Devin was elected to serve the constituents of the 23rd House District, which includes Lyme, Old Lyme, Old Saybrook, and parts of Westbrook, replacing Representative Marilyn Giuliano. We wish them both well as they prepare to serve at the State Capitol. Special thanks are extended to Senator Stillman and Rep. Giuliano for their excellent service and advocacy for Old Lyme during their long tenures.

Boathouse/Hains Park Improvements Project: The BHPI committee worked very hard this Fall in an effort to start construction by mid to late November so that the new boathouse would be ready for the Spring 2015 rowing season. Though it was a tight schedule, it seemed that they would succeed after approval of an additional \$405,000 at the special Town

Meeting on Oct. 6th. But unanticipated code requirements have triggered changes to the plan of the building, thus delaying the start of construction. While this is a setback, the committee is adjusting appropriately to the new requirements. It is likely that the second floor, which was planned to house the ERGs, (rowing machines for training), will not be part of the plan. As this building will serve the High School Crew Team, accessibility



First Selectwoman Bonnie Reemsnyder

requirements would mandate an elevator, a costly addition that was not planned. Nina Cuccio Peck, the architect, is currently reconfiguring the design with collaboration of the BHPI Committee, District #18 and the Old Lyme officials to meet all code requirements and still provide us with an attractive building that will compliment Hains Park. Once the design is completed, the BHPI Committee will schedule several public presentations to keep the community informed of the changes from the original plan presented at the Town Meeting on Oct. 6th. Special thanks to this committee for working so hard to adjust and keep the project moving forward.

Rte 156 Bike Path and Sound View Improvements: On Oct. 22, BSC Group, Inc. unveiled the new, proposed design





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18 Industrial Park Road, P.O.Box 205 Centerbrook, CT 06409 860-767-9087 Fax 860-767-0259 email: print@essexprinting.com www.essexprinting.com

> Publisher William E. McMinn

VP Marketing & Business Development Fred Holloran

Director of Advertising/Operations Suzanne Spires suzanne@essexprinting.com 860-391-5534

Coordinator/Art Director Kathy Alsop kathy@eventsmagazines.com 860-391-4372

> Finance Manager Donna Evarts

Cover Editor AC Proctor 860-767-9087

Sales Representatives Ward Feirer wfeirer@gmail.com 914-806-5500

Betty Martelle betty@eventsmagazines.com 860-333-7117

Brad Cunningham brad@essexprinting.com 860-581-0577

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• Selectwoman's Corner continued from page 3 •

of the Bike Path, Hartford Ave. (from Bocci Lane to Pond Rd.) and the new park in the Town Parking Lot. Components of the design include shoulder accessibility for bikes on Rte. 156 on 75% of the length from I-95 to Hartford Ave. with 25% being a "SHARRO" or Share the Road, parallel parking on the west side of Hartford Ave., with wider sidewalks on both sides and bumpouts to accommodate trash and recycling bins, and finally the park and parking lot on the Town Property at the end of Hartford Ave. Public restrooms are also included in the plan, which is something that has been needed and discussed for decades! The plan does reduce the town owned parking spaces, but the presence of many privately owned and operated parking lots still allow for substantial parking for the area that includes a small town beach and several businesses.

We have posted the PDF of the Power Point presentation, which shows the street parking layout, on the town website. Click on **Current Projects** and then the **Sound View Bike Path Grant Project.** Scroll down and click on the **SV Improvements Public Meeting.** If you would like to submit a question or comment, please email the committee at soundviewimprovements@gmail.com for a quick response. An official Public Information Meeting will be held after the New Year to present the preliminary design to the public, as required by the DOT process.

Millstone Drill: Every two years, towns within a 10-mile radius of Millstone Nuclear Plant are required to conduct an emergency drill in order to demonstrate their readiness to respond to a nuclear disaster. The drill is observed and "graded" by FEMA representatives, with follow up suggestions for improvements. Old Lyme has had a history of high marks for these drills, and it was no different this year when we demonstrated our readiness on Sept. 9, 2014. The report indicated that we were well prepared, and all aspects of our response were excellent. The emergency response team includes our Emergency Management Director, Dave Roberge, members of the Fire Dept., EMS, Town Hall and Public Works. All of these individuals stand ready to respond to any emergency at a moment's notice. Congratulations and thanks to all of you for a job well done!

Natural Hazards Mitigation Plan adopted: On August 18, 2014, the Board of Selectmen formally adopted the Natural Hazards Mitigation Plan (NHMP) that was submitted in the Spring of 2014, and approved by both CT DEEP and FEMA. The plan identifies natural hazards that are the most likely to occur in our community, as well as tasks that could be completed to mitigate those hazards to some degree. Approval of the plan allows the Town to apply for funding to complete tasks that are in the plan. While funding is not guaranteed, it is worthwhile to apply for the grants in an effort to minimize our risks of damage in a natural disaster. The town is now reviewing the list to prioritize our efforts and continue to keep our residents and assets as safe as possible from harm. Special thanks to Jeremy DeCarli from the RiverCOG for his invaluable assistance in pulling this plan together.

Wastewater Management Project: Since May of 2013, after the Town approved funds to perform a Wastewater *continued on page 5*

• Selectwoman's Corner continued from page 4 •

Management study of densely populated areas south of Rte. 156, the WPCA has been working with the engineering firm of Woodard and Curran on a facilities plan to be submitted to CT DEEP. While it was initially believed that we could develop a local solution to wastewater management, the WPCA voted to proceed with a plan to tie into the New London Wastewater Treatment Facility after financial obstacles made it clear a community system would not be possible. There have been several well-attended information sessions this fall, and the WPCA has posted a Frequently Asked Questions document on the town website as follow up to those sessions. In addition, Dennis Greci of CT DEEP made a presentation on Oct. 30th to address the recurring questions about evidence of pollution, a copy of which is also available on the website. The service area in the draft facilities plan includes Hawks Nest Beach, Sound View District and three private beach associations -Miami Beach, Old Colony Beach and Old Lyme Shores. Once the facilities plan is complete, CT DEEP will review it, provide comments and direct us to proceed with the consultant's report recommendations with or without modifications. If the project proceeds, which appears likely, there is a process that will be followed to present further information and approve bonding by the Town, which includes a Town Meeting for approval. This is likely to happen in the Spring of 2015. Please continue to visit the town website for updates.

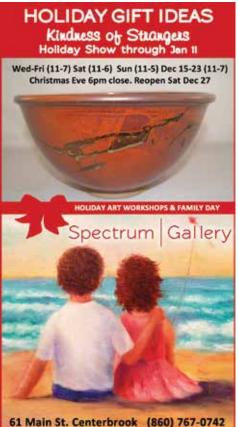
Solarize CT (Old Lyme!) *ONLINE*: We are pleased to announce that Old Lyme has been selected to participate in the fifth round of Solarize CT. This is the first time that Solarize CT will be done through a new process – allowing interested residents to go online to request and compare quotes from several vendors. This will hopefully stimulate competition and result in lower costs for installation for residents. The kickoff meeting for the project, which lasts about six months, was Dec. 4th at the Town Hall. A committee has been formed to oversee the project and maximize this opportunity for all residents. More information will be posted on the Town website.

The Town of Old Lyme has launched **Old Lyme Alerts**, an Emergency Notification System. Residents and business owners can register with their preferred contact information in order to automatically receive messages from the Town about emergency or urgent situations. We can let you know if a health crisis poses a threat; if a fire or accident will restrict access to neighborhoods; and, of course, if our community needs to prepare for another impending hurricane or winter storm. We are urging ALL residents to sign up so that we know how and where to contact you. There are forms in Town Hall, in this issue of Old Lyme Events, OR you can go online to www.old-lyme-ct.gov Click on the RED BANNER at the top, which will bring you to the signup page. Remember, *We can't contact you if we can't reach you.* Sign up today!

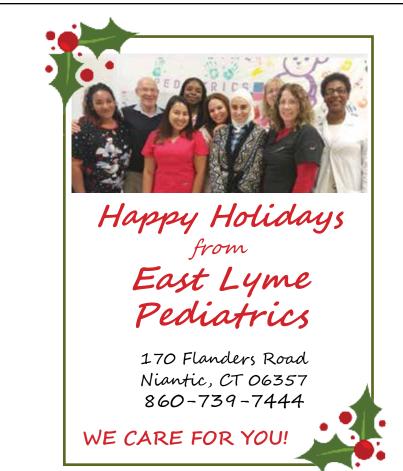
Goodbye: It is with congratulations, and a fair share of sadness, that we bid goodbye to our Finance Director, Nicole

continued on page 7





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"Experience the Difference" at The Saybrook at Haddam.

Mom has Blossomed!

"Mom's memory loss meant her way of life was changing, but we did not want her quality of life to change as well. We are so happy – and a little surprised – at how quickly she settled into her new home and routine at Safe Harbor, which is different from other memory care communities. She really has blossomed by making new friends, and even learned new things," says Beryl Thorpe, Doris Whitmore's daughter.

Let your loved one "experience the difference" at the Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam, where people do blossom. With a kind staff, bright studio apartments, cozy social areas, outdoor gardens, and many opportunities for activity and involvement, we take memory care to a wonderful new level.



Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.



www.thesaybrookathaddam.com

Expansion opens January 1, 2015! Call 860-345-3779 for a personal tour.

• Selectwoman's Corner continued from page 5 •

Stajduhar. Nicole has been with the Town of Old Lyme since 2009, and was instrumental in setting up an efficient and well-functioning Finance Department. Prior to her tenure with us, Nicole worked for the firm that handled the annual audits for the Town, so was familiar with Old Lyme and our history. She will now become the Finance Director for her hometown of Stonington, CT. On behalf of the Board of Selectmen and the Board of Finance, I thank Nicole for all the hard work she has done on behalf of the Town of Old Lyme. There are many people who will miss you! Best wishes in your new position.

SAVE THE DATE: The Annual Town Meeting will be held on **Monday, January 26, 2015.** The annual town report will be accepted for FY 2014, and we will announce our Citizen of the Year.

Selectman Skip Sibley, Selectwoman Mary Jo Nosal and I wish all of our residents a wonderful holiday season and a Happy New Year.

Bonnie Reemsnyder, First Selectwoman

Third Annual Trivia Bee



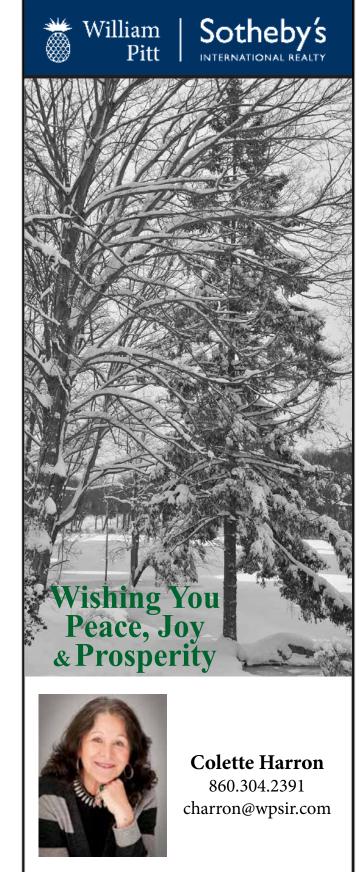
LOLEF Trivia Bee 2 Winners, the Flo-Bee's representing the Florence Griswold Museum.

LOLEF is pleased to announce the Third Annual Trivia Bee to be held on Friday, February 6, at 7 pm in the Lyme Old Lyme Middle School Auditorium. Admission is Free.

Please join us for a fun evening, fundraising event, featuring teams from your favorite local businesses, schools and neighborhoods competing for the coveted trophy and bragging rights. Questions chosen from categories including science, sports, history, popular culture, current events, geography and local history will engage both participants and audience members alike. The event is free and open to the public. Refreshments will be available as well as a 50/50 and tech raffle.

Enter a team! Gather four trivia buffs for a chance to battle for the "Honey Pot" trophy. The entry fee is \$200 per team. Teams are encouraged to choose a creative name and dress in costume. Or, come on out and cheer them on and help support the Lyme Old Lyme Education Foundation!

Proceeds raised will support grant-funded education initiatives throughout Lyme and Old Lyme. Visit the website: LOLEF. ORG for more information and to register.



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Old Lyme's Historic Plaque Program

The Old Lyme Historic District Commission is inviting Old Lyme homeowners to participate in the Historic Plaque Program. Your house, located anywhere in Old Lyme, may be eligible for a plaque if it was built in 1939 or before. The plaque program, started in 2006 to acknowledge historic buildings in Old Lyme, has recognized over 36 properties. The plaques provide a visible record of the history of Old Lyme and include the name of the original owner and date of construction. Having a historic plaque will not impose any restrictions on the owner's ability to remodel or make changes.

Did you know that Ferry Road was a 17th century highway laid out to connect colonial centers of Boston and New York? The highway was lined by dwellings, farmyards, and businesses and led directly to the Connecticut River where a hand-poled ferry awaited the traveler. A tavern near the shore on the Old Lyme side permitted travelers to rest. The nearby banks of the Lieutenant River accommodated wharves, shipbuilding yards, and markets that provided goods from the West Indies and Europe. In the mid-18th century, Benjamin Franklin surveyed the highway establishing mile markers so that postage rates could be set – thus the highway became known as the Post Road.

Participation in the plaque program requires documentary research of the past ownership of your property. If you need assistance, arrangements can be made through the HDC.



Upon completion, you may order a plaque (\$120) through the Historic District Commission. The 16" x 13" white oval plaques are made of a lightweight synthetic material with black lettering.

Please contact us at the Old Lyme Town Hall (860-434-1600) for information. We hope you will participate in the plaque program, adding to our knowledge of Old Lyme's past.



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Events presents... The Saybrook at Haddam

The Saybrook at Haddam is the region's premier independent and assisted living retirement community, which includes Safe Harbor, a specialized memory care neighborhood. Located in a gracious colonial-style manor, the community offers individualized care and an engaging lifestyle for senior citizens. Business Highlights: The Saybrook at Haddam has enjoyed occupancy rates close to 100 percent in recent years (up from 18 percent in 2009). This is the result of a professional and dedicated staff that has built a culture of kindness and caring; treating each resident with dignity and respect. We offer high-quality wellness programs, chef-prepared meals, countless social, cultural and physical activities, a 24-hour emergency call system, weekly housekeeping, building maintenance, and scheduled transportation. Our state-licensed Assisted Living Services Agency provides daily medication monitoring (if needed) and assistance with personal and household tasks.

Our newly expanded Safe Harbor memory care neighborhood is an engaging environment designed specifically for those with Alzheimer's, dementia and other memory-related disorders. Residents thrive in a neighborhood-like setting



that includes a lovely great room, cheerful activity room, library and attractive dining room.

Looking Forward: with the completion of a 15,000 square-foot expansion, The Saybrook at Haddam now includes 106 private apartments for independent seniors, those needing assisted living services, and those requiring specialized memory care. We will continue to meet the needs of seniors - while helping define quality retirement, assisted living and memory care as it should be.

The Saybrook at Haddam, 1556 Saybrook Road, Haddam, CT 06438 860-345-3779 www.thesaybrookathaddam.com



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TIDELANDS Old Lyme. CT Outshined only by its natural setting, this striking property blends classic architectural design and modern amenities to create a perfectly scaled home. Nine bucolic acres rich with marshlands and access to the navigable waters of the Back River leading to Long Island Sound host this stunning estate. A private blue stone terrace and gardens wrapped in hand laid stonewalls, a pool complex overlooking the river and a meandering walkway leading to a floating dock invite a lifestyle only a few can imagine.

From welcoming alcoves and window seats to exquisite formal rooms, all 5000 square feet of living space burst with fine handcrafted details and the best views nature can offer. A three bay post and beam carriage barn and a cozy guest cottage make this property much more than a home. Tidelands is a landmark for traditions of family and friends to build upon for generations to come. Offered at \$4,600,000







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Old Lyme Phoebe Griffin Noyes Library

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event (i.e. make sure there are enough refreshments, chairs, handouts or materials if a craft is involved) and for contacting you if there are any program changes. It's easy to do: visit www.oldlyme.lioninc.org, select the program listed on the Events tab or call the Library at 860-434-1684 for assistance. New programs and events are posted monthly. All programs are free and open to the public unless otherwise noted.

Children's Events: Shake the snow off your boots and warm up in the William & Constance Pike Children's Room! In January, play to win prizes at our first ever "Book vs. Movie Bingo: Where the Wild Things Are Edition" and register for our second Cool-ology workshop with Claudia Esposito (this time, we'll be taking off with "Come Fly Away with Me: Air, Air Pressure, Gravity and Flight"). In February, create special Valentines for loved ones at our drop-in craft session or experiment with candy science at our Valentine's Science event. Enjoy a special guest (TBA) in March! And don't forget our drop-in story times for babies and toddlers each Monday and Thursday, the return of our Sweet Beats Family Music series with Eleanor Robinson, and our monthly CrAfter School sessions on the first Monday of every month.

Teen Activities: Getting dark out early? Too cold to be outside? Warm up and hang out with fellow teens! We'll be

showing movies, doing a few science experiments, hosting games and competitions, and of course, making many cool crafts. In January, stop by to play some Pudding Pictionary (or perhaps make some paper rockets instead). Shrinky Dink charms will also reappear at the Library this month. Candy making is back again in February. Also, if Valentine's Day isn't your thing, you should stop by to create some very special anti-Valentine's Day cards. Then, in March, celebrate Teen Tech week at our second annual Teen Minecraft Party, or compete in a Library Scavenger Hunt for glory, pizza, and fun prizes. Snacks will be served at all programs. Registration is highly encouraged for most programs. All supplies will be provided.

Adults will enjoy Carolyn Wakeman's presentation about *Phoebe's Place* on January 14, in collaboration with the Florence Griswold Museum. Learn more about Phoebe's role as educator and artist in the community. On January 22, Bob McKenna of Noank, CT will give us the real scoop on the making of the 2013 Emmy Award winning documentary, *The Real McCoy*, about the pioneer Rum Runner who fueled the Roaring 20s. Looking for a good movie? Drop in to watch current releases at *Red Carpet Movies* on Thursday evenings or join the evening *Contemporary Classics* book discussions for energetic exchanges with your fellow book lovers on the first Monday of the month. Stay tuned for additional programs – a musical performance, science presentation, gardening and Meet the Author events will be announced in the near future.



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Assessor's Office

The Assessor's Office is nearing the completion of its State mandated revaluation. All property owners will receive a notice outlining their new assessment in late November. The notice will contain an 800 number to schedule an appointment with Vision staff if you wish to discuss the new assessment. Hearings are by **appointment only** and will be held in the Old Lyme Town Hall during December. All those attending a hearing will receive a second notice to inform them the results of their appeal. After the completion of the revaluation property owners still have the right to apply to the Board of Assessment Appeals.

Applications for the Board of Assessment Appeals process will be available in this office the middle of January. Applications must be filled out and returned to the Assessors office **in its entirety** on or before February 20th. The Board meetings in March will be set the end of January. The Assessors Office reminds residents of Elderly & Totally Disabled and Additional Veterans tax relief availability. Elderly & Totally Disabled Tax Relief for Homeowners is available from **February 15 through May 15th.** An additional Veterans Exemption is also available for those who qualify for the above. To qualify, recipients must have reached the age of 65 or older by the end of the previous year or be totally disabled. Eligibility is also based on combined/single income limitations & length of home ownership. Applicants may not be receiving federal, state, county or municipal financial subsidy or aid.

Blind Exemption must be filed by January 31, 2015. Contact the Assessors Office for more detailed information.

Please call Mickie Fraser, Administrative Assessment Technician at (860) 434-1605 Ext. 219 with any questions.

Old Lyme Visiting Nurse Association

The 2014 Health & Wellness Fair put on by the Old Lyme Visiting Nurse Association on November 1st was a great success, thanks to the unstinting work of volunteers and participants. Special thanks to Dr. Suresh D'Mello, Dr. Lior Haim, Dr. Thomas Brady, Dr. John Carroll, Dr. Constantine Manthous, the L&M Laboratory Staff, Kristin Magnussen RN, Town Nurse Karen Veselka RN, Critical Skills Education & Training, Safe Futures, Lymes Youth Service Bureau, Westbrook YMCA, First Selectwoman Bonnie Reemsnyder, Emergency Management Director Dave Roberge, Conservation Commission, Photo Inspect LLC, Limbkeepers, Northeast Medical Products, Thames Hearing Services, Rachael Baer, Interim Healthcare, and Anytime Fitness.

Stephen R Moore, CPCU, Executive Director



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Town Clerk's Office

Congratulations! We congratulate the following on their recent marriages:

July

Thomas John Moysey & Christine Lynne Rossi August

Eric Hunter Whitney & Allison Leigh Smigel Jacob Tyler Ennis & Caitlin Virginia Hueser Richard Paul Ramondetta & Rebeca Morua Alvarez Armand Joseph Fisher & Elysa Maria Doherty Carlos Antonio Sowell & Egle Gudaitis Michael Patrick O'Shaughnessy & Elizabeth Holbrook Buchanan

Manuel De Jesus Avila Gomez & Maria Eugenia Hernandez Garcia De Avila

Seamus Michael Moran & Taryn Christa Murphy-Groves Stefano Michele Berio & Germaine Louise Neal Joseph Michael Biro, Jr. & Natasha Lee Andrade Patrick Anthony Phelan & McKenzie Jean Kelly Dane Vegas Vartabedian & Jennifer Osborne Lockwood Ralph Wetmore Halsey IV & Caitlin Delaney Sargent Peter Leendert van Vliet & Sara Joy McCollum Harrison Scott Phelps, Jr. & Kristen Lee Kus

September

Thomas Anthony McLoughlin & Victoria Baron Orkins Ernest Bradley Smith & Katey Autumn Grieder Todd Andrew Kelly & Kristi Leyden Brousseau Christopher Steven Jankowski & Anastasia Dubois Lepore John Joseph Hyland & Kelley Kathleen Brown Patrick Francis Koudelka & Gina Marie Lapenta Craig Lyle Bishop & Kathleen Wood Renz Mark Clifford Hilton & Elizabeth Vanesse Locicero Scott Richard Hoffman & Bozena Krystyna Amenta Arthur Jay Meizner & Angelica Kaner Christopher Michael Heller & Anne Elizabeth Thompson Jonathan Joseph Staron & Jessica Anne English Arthur George Dollinger & Andrea Lisa Testori Jared L. Hollis & Sherri L. Ferace Shadrach Matthew Vega & Olivia May Lewis Michael Alan Calandra & Marlene Marie Eshoo

October

Alexander William Hill & Nicolina Marie Saporito William Morgan Ferguson & Melissa Anne Froehle Sean Patrick Stuart & Tiffany Jean Dyke

continued on page 15



• Town Clerk continued from page 14 •

With Sympathy We would like to express our condolences to the families of recently deceased Old Lyme residents:

August

September Victoria Ann Baird

Pauline Josephine Carbone Jennie Hardyniec Stanley Katz Marie Patricia Linares Nils Henry Lofstad Maitland Vincent McNamara Jr. September continued

Ruth Ellen Baxter-Tagliatela Carolyn L. Coverdale Margaret Mary Coffee Kus Mildred Ann Thomas

October

William Richard O'Connell Helen Zebrowski

— Eileen K. Coffee, Town Clerk, Vicki Urbowicz, Assistant Town Clerk

Transfer Station Information

Transfer Station/Landfill Hours. The Transfer Station is located on Four Mile River Road and is open Tuesday-Friday, 7:30 am-3:45 pm, Saturday, 8:30 am-4:00 pm. Closed Sunday and Monday. Tax payers vehicles should have a Transfer Station sticker affixed to the right-hand side of windshield. Vehicles without a sticker, should bring proof of property address (i.e., tax bill, mortgage statement or closing papers), along with a driver's license and registration.

Bulky Waste and Demolition: Vehicles will be charged by weight at \$110/ton. Recyclables should not be mixed in the same load with Bulky Waste or Demolition debris. Loads less than 100 lbs. are charged a minimum fee of \$5.

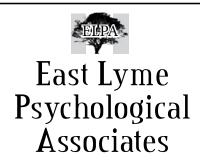
Brush is charged on a per load basis. No wood or limbs thicker than four inches are accepted.

Grass clippings are not allowed at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

Electronics are now accepted at the Transfer Station. Residents are able to bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.







Psychological & Psychiatric Services

Serving adults, adolescents, children and families ⁻ Individual, couple, and family therapy

Psychiatric assessment and medication management

Adoption competent therapists work with adoptees and/or families

Psychological evaluation for adoption related issues, personality functioning, and treatment planning

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Estuary Council

ESTUARY COUNCIL OF SENIORS, INC. has been serving seniors in the ninetown Estuary region for 38 years. Call us to receive our Gazette Newsletter or go to www.ecsenior.org for our online newsletter, events calendar, menu, and more.

MEALS ON WHEELS: Hot meals for homebound seniors, delivered to your home. A donation of \$3 is requested for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act. Call Carol at 860-388-1611.

CAFÉ MEAL SITES: Clinton, Old Lyme, Old Saybrook. Reservations required by calling 860-388-1611 by 11 am, 24 hours in advance. Lunch is served at noon. Meals are served to those with reservations first; if meals remain those without a reservation are then served.

STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION: For medical appointments to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35 for a roundtrip doctor appointment up to 5 hours. Suggested donation of \$70 for appointments over 5 hours.

BENEFITS COUNSELING: We have a C.H.O.I.C.E.S. Counselor onsite Monday and Friday mornings by appointment. Call 860-388-1611. C.H.O.I.C.E.S. is an acronym for: <u>Connecticut's programs for <u>H</u>ealth insurance assistance, <u>O</u>utreach, <u>I</u>nformation and referral, <u>Counseling</u>, and <u>Eligibility Screening</u>.</u>

CLASSES AND ACTIVITIES: Zumba Gold, Tai Chi, Board Games, Billiards, Ping Pong, Yoga, Stretch and Strength Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and Foot. Instructional classes for Mah Jongg and Bridge. Check monthly Gazette for all of our programs. The Estuary Gazette is available online by following the link at www.ecsenior.org/news_gazette.php.

ESTUARY THRIFT SHOP: Open 10 am - 3:45 pm, Monday - Friday; and from 9 am - 12:45 pm on Saturdays. Clothes (men, women, and children), kitchen items, crafts, etc. Donations accepted and volunteers always needed.

THE MARSHVIEW FITNESS CENTER AT THE ESTUARY: Stop in for more information. There are seven different pieces of weight equipment and four cardio machines, including a NuStep. Hours are posted at the Estuary. **Membership Options:** Three months -\$50, Six months-\$90, Full year-\$150. **Membership Includes:** Mandatory fitness assessment. Three training sessions on each piece of equipment (required) and a one-hour individualized program consultation. To schedule an appointment with Fitness Trainer, Skylar Miers, ATC, call 860-388-1611.

THE MARSHVIEW GALLERY AT THE ESTUARY: Open daily 8 am - 4 pm, and Saturdays from 9 am - 1 pm. The art on exhibit changes monthly and highlights the talents of local artists from along the shoreline. Join us on the second Thursday of each month for the Artist Reception from 5 - 7 pm. Refreshments are served, and a door prize is drawn. All ages are welcome. Call 860-388-1611 for information.

DONATE YOUR CAR OR BOAT TO THE ESTUARY COUNCIL: Turn your car or boat into a tax deduction by calling:1-800-716-5868. Proceeds benefit the vital services we provide for seniors in the nine-town Estuary Region.

VOLUNTEER OPPORTUNITIES: Call Judy at (860) 388-1611.

Home Safety Tips

The Old Lyme Police would like to remind citizens of the following Home safety tips:

- Use deadbolt locks on all doors and keep doors locked at all times.
- Be sure the number on your house is visible and lighted or reflective so that emergency personnel can find it quickly.
- Keep your main entrance visible from the street and well-lit at night.
- Trim trees and shrubs around the house and under windows to eliminate hiding places for thieves.
- Install outside lights equipped with motion detectors.
- Use timers on lamps to create the impression of an occupied home.
- Keep the exterior of the home, especially around windows and doors, well lit.
- Move all tools and ladders into a locked garage or locked shed when not in use.
- Communicate with your neighbors, watch out for each other.
- Never let strangers into your home without checking their identification.
- Report suspicious neighborhood activity to the police ٠ immediately.
- Audible Alarms are excellent deterrents, if you have an alarm be sure that the contact information is updated.
- Lock your vehicles when parked at all times, including • your driveway.
- When going away for periods of time, contact the Police and fill out a vacation patrol check request form.
- Complete yard work before leaving. Arrange for someone to maintain your landscaping or clearing of driveway during the winter months.
- Cancel your newspaper and ask the post office or a neighbor to hold your mail.
- Arrange for a trusted neighbor to keep an eye on your house.

Ofc. Thomas Heinssen, Old Lyme Town Police

The Shoreline Soup Kitchens & Pantries provide food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at: www.shorelinesoupkitchens.org

WINTER ACTIVITIES AT LYME SHORES

After-School Tennis Programs for Kids

Tue. & Thu., 4-5pm

High School

Boys- Fri., 3:30-5pm

Girls-Sat., 9-10:30am

Tue., 9-11am

Drop-in Pickleball

Mon., 10:30am-12pm

NTRP Tennis Drills

Mon., 1-3pm, Beginners welcome

Adv. Beginner Tennis Drills

Intermediate Tennis Drills

Sat., 10:30am-12pm, All levels

Mon. & Wed., 4-5:15pm

Local Excellence (ages 10-12)

Tournament Tough (ages 13-15)

Eight-week sessions throughout the school year

Big Shots (ages 4-6) Tue. or Thu., 4-5pm

Future Stars (ages 7-9) Tue. & Thu., 4-5pm

Team Connecticut Mon. & Wed., 5:15-6:30pm For competitive junior players

Adult Programs Drop in to our fitness, pickleball & tennis programs!

Strength & Balance M/W/F, 10am Stability Ball Mon., 8am

Yoga M/W, 11am

Circuit Training T/Th/Sa/Su, 8am Cardio & Strength

Fri. 8am

Cardio Tennis Wed., 7-8pm, All levels

22 Colton Road

Learn more: (860) 739-6281 www.lymeshores.com





Survey Results: How Well DO YOU Recycle?

The Recycling Incentive Committee thanks all who took the time to complete the survey this summer. The results provided the committee with invaluable information about trash management in our community. The data compiled represents the recycling habits of 274 Old Lyme residences. Many respondents also took the time to comment on matters such as our current collection services, and suggests ways to help increase recycling efforts. Results of the survey are bulleted and summarized by the committee.

According to the survey:

- 70% felt they recycle all the time and utilize the green carts for recycling. 14% requested larger recycling carts. The majority recycle paper, cardboard, newspaper, junk mail, aluminum, plastics, glass and milk cartons.
- Although a low percentage actually use the transfer station, most are aware of services offered. The most

Town Offices

52 Lyme St, Old Lyme, CT 06371 Ph: 860-434-1605 • Fx: 860-434-1400

> Town Hall Hours: Monday - Friday: 9:00 - 4:00

common items brought to the transfer station are fluorescent light bulbs, small appliances and electronics, scrap metal and bulky waste.

- 72% are aware of the Household Hazardous Waste facility in Essex.
- 91% routinely place trash in the blue cart and the majority leaves yard waste in the yards. Trash included plastic bags, shipping materials, and food waste.
- The majority does not compost but there was interest in learning more about composting.
- 61% were unaware that Old Lyme's trash related annual costs are over 1 million dollars a year. Much of this cost is related to the weight of our trash.
- Currently, a household that does not produce much trash pays the same rate for trash disposal as one who produces a lot of trash. About 50% support examining ways to manage this problem which could include paying for trash based on how much you throw away.

It is evident that we are an informed community making reasonable efforts to reduce trash. However, results also indicate the need for greater community and visitor awareness of the local recycling program and the state mandated goal to reach 60% recycling of all household waste by the year 2024. The Recycling Incentive Committee has asked the Board of Selectmen to develop a charge for a standing waste management committee and support a budget for educational programs which focus on increasing recycling and reducing trash.



Streetlights

Reporting Streetlight Problems: Please phone Michele Hayes in the Selectman's Office at the Town Hall, (860) 434-1605, ext. 212, to report a streetlight outage and/or trash or recycling problem. When reporting a streetlight, please make note of the pole location and pole number. Thank you!

The Rising Trend of Grower Champagne

The holidays are a special time of year when we all come together to celebrate. The newest trend in wine to celebrate the holidays with is Grower Champagne. Champagne is the most widely known sparkling wine which is grown and produced in France in the Champagne region. There are many other sparkling wines from all over the world but they are only considered true Champagne if they come from this region.

The most popular, mass produced Champagnes outsource their grapes from many different areas and vineyards in the Champagne region. This enables them to produce a consistent style year after year. Grower Champagne on the other hand, are grown and produced on the estate by which they are owned. With these small production Champagnes it is all about the micro-climate and soil, otherwise known as the 'terroir', upon which it is grown. Grower Champagne may vary year to year because they are sourcing from their estate and are at the mercy of the climate each year. These growers take a lot of pride in their Champagne, many of which are 100% Organic using no pesticides and in some cases no machines in the field. Their main concern is to produce the absolute best wine that they can, given the small parcel of land they have.

These Grower Champagnes are of excellent quality, and usually far surpass the price you pay for them. The best way to identify a true Grower Champagne is on the label. Look for the letters RM before a series of numbers. RM stands for Récoltant-Manipulant, with Récoltant meaning 'grower/ farmer' and Manipulant meaning 'handling/producing'.

Whatever the occasion, sparkling wine is always a great addition to any gathering. So while perusing your local wine shop for a great bottle of bubbly for your holiday party or as a great gift idea, make sure to inquire about Grower Champagnes. Your guest will be pleasantly surprised by the depth and wonderful flavors these Champagnes have to offer. Savor these new-found gems with friends and family and have a sparkling holiday season!

> Art LiPuma, Manager SeaSide Wine & Spirits and Spirits of Madison



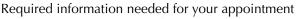
Social Service

Old Lyme Social Service is pleased to announce the start-up for the CT Energy Assistance Program. The Energy Assistance Program provides financial aid toward the primary source of heat for qualifying individuals and families. The Connecticut Energy Assistance Program (CEAP) serves low income households in need of assistance for their home energy bills. The program goal is to assist low income households who pay a high proportion of their income toward fuel bills. Priority is given to "vulnerable households" made up of young children, elderly or disabled individuals. Program services include: financial assistance towards a household's energy bill, emergency assistance if a household's home energy service is shut off or about to be shut off, and a range of other energy-related services such as weatherization improvements, utility equipment repair and replacement.

Applications are taken by Appointment Only

Tuesday & Wednesday 12-4 and Thursday 9-1 at the Town Hall Social Service Office located on the lower level. For an appointment please contact, Valerie Goncalves, Social Service Coordinator at (860) 434-1605 Ext. 228 or email vgoncalves@ oldlyme-ct.gov

Please bring all information listed below that applies to your household. The processing of your application will be delayed if you do not bring all necessary information to your appointment. New documentation is required each year. Previously submitted documents cannot be used for your application.



- Social Security numbers for ALL household members.
- Birth dates of ALL household members.
- A current active utility bill. The bill must be in a listed household member's name that is age 18 or older.
- Current copy of lease, mortgage statement or rent receipt with all landlord information including; name, address and phone number. If you receive Section 8, bring your Section 8 letter.
- Current and complete statements of ALL liquid assets for every household member. (e.g., savings and checking accounts, bonds, stocks/shares, Certificates of Deposit, Annuities and Individual Retirement Accounts). Fill out Asset Declaration Form for all household members over 17 years old.

Current Income Documentation for Every Household Member

- The last four (4) consecutive week's pay stubs (1 pay stub if paid monthly, 2 pay stubs if paid bi-weekly or 4 pay stubs if paid weekly) and/or workman's compensation benefits for the four (4) weeks prior to your appointment date; showing gross income, tips, commissions and bonuses.
- Current MONTHLY Social Security, SSI and/or Veteran's benefit income.

continued on page 21

& FAMILY WELLNESS



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maggie@nianticacupuncture.com



• Social Service continued from page 20 •

- Pension or annuity check stubs, or a letter from the payer on their letterhead stating the gross amount.
- All bank interest and dividend payments for the past month (if more than \$10.00 per month).
- Unemployment Statement from the website www.ctdol. state.ct.us or unemployment History Printout (within 24 hours prior to appointment) showing the last four (4) consecutive weeks or fill out an Unemployment Compensation Form and bring to your appointment.
- Income from alimony and/or child support from Child Support Enforcement (letter or printout), a bank statement if payment goes directly into a bank account or fill out the Affidavit Certifying Non-Receipt of Child Support Payments.
- Rental Income: Current Documentation verifying the amount of rent you collect from your tenant(s).
- Self-employment Must fill out the Self-Employment Worksheet, have it notarized and bring your most recent tax return with all schedules attached.
- DSS Cash Assistance award letter Showing current income for household.
- A signed statement indicating the amount and frequency of payments from friends and relatives who are contributing toward your household's support that includes the name, address and telephone number of the contributing person.

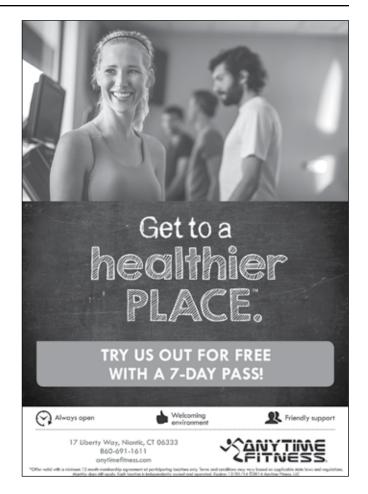
FAILURE TO BRING ALL DOCUMENTATION MAY RESULT IN DENIAL OF BENEFITS.

The Old Lyme-Lyme Volunteer Connection

Winter is a great time to try something new! Consider becoming a volunteer with one of our local service organizations. The Volunteer Connection website, http://volunteer. truist.com/ollvolunteer, lists numerous community organizations and opportunities for volunteers. Shoreline Soup Kitchens & Pantries, Town of Old Lyme, Lyme Tree Woman's Exchange, Lyme-Old Lyme Lions, Lyme Ambulance Association, and the Lyme Art Association are just a few.

The Old Lyme-Lyme Volunteer Connection is a free community resource, thanks to a grant from the Lyme-Old Lyme Education Foundation. To inquire about listing your organization contact Sophie Christiano, the high school student who manages this website, at ollvolunteer@gmail.com.

> For town updates & information: www.oldlyme-ct.gov





All services by Doctors of Audiology www.countyhearingandbalance.com



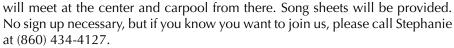
Homecare license via Interim Health Care of Eastern Connecticut

The Lymes' Senior Center

December, January, February, and March Special Events, Lectures, and Programs. All programs are free unless otherwise noted.

• **The Old Lyme Town Band** will be performing their free Holiday Concert on Sunday, December 14th at 4:00 pm.

• **Caroling and Cocoa**...Come help us bring holiday cheer to our Shut-Ins by joining us on Tuesday, December 16th at 12:45 pm as we go caroling. We



• Join us on Thursday, December 18th at 1:00 pm as **T-Bone, a professional entertainer** for over 40 years, performs for us. His special blend of wit and music will have us laughing, singing, clapping along, and even dancing within minutes.

Traditionally garbed Victorian Carolers will fill the winter air with the bright sounds of the season, bringing holiday cheer to young and old alike. **The Connecticut Yuletide Carolers** will perform for us on Tuesday, December 23rd at 1:00 pm. This is open for all so bring your spouse, kids, and grandkids with you as we all get festive! There will be song sheets available so we can all join in.

• Do you have an iPhone you are unsure how to use? Do you need help programing numbers into your flip top phone? The LOL Youth Service Bureau will be offering **1-on-1 assistance with using your current cell phone.** They will be able to help you with a wide variety of phone issues on Tuesday, December 30th between 1:00-3:00 pm at the Senior Center. Sign-up is required. Call (860) 434-4127 for more information.

• Paul Shlein will be performing popular hits from the 50's and 60's with an emphasis on **classical rock and roll** artists such as Elvis Presley, Buddy Holly, and Fats Domino on Wednesday, January 7th at 1:30 pm.

• Ingenious Ways to Keep our Brains Healthy will be led by Laura Kokoska RN CKYI on Friday, January 9th at 1:00 pm. This program will include games and exercises that stimulate our minds and light movement. She will show us how healthy aging can be achieved and how to grow new brain cells and make more connections between them.

• Medical Decisions When They Count the Most will be presented by Deborah Ringen, MSN, RN Faith community nurse of the Visiting Nurses of the Lower Valley on Tuesday, January 13th at 1:00 pm. Attend this interactive seminar to learn how to express your wishes for care so loved ones will know they are helping in the best possible way when you can no longer speak for yourself.

• Join us on Wednesday, January 14th at 1:00 pm for **An Afternoon with the Gillettes.** This interactive program will feature Harold and Theodora Niver. They will not only talk about William & Helen Gillette, they **become** the Gillettes flitting back and forth between being presenters and portrayers dressed in authentic and period correct costumes. Their knowledge of Sherlock Holmes, William Gillette and Gillette Castle is extensive. Because of their distinctive home which is built around a Holmes theme, they have been in such magazines as US, SMITHSONIAN, FORTUNE, CONNECTICUT and YANKEE. TV segments include PM Magazine, ABC News and CBS.

• Author Diana Ross McCain will recount a selection of the more than 30 stories from the Nutmeg State's past included in her books *It Happened in Connecticut* and *Mysteries and Legends of New England* when she presents her talk **"It Really Happened in Connecticut"** on Tuesday, January 27th at 1:00 pm.

• Larry Noiva is an award winning Ventriloquist with accolades that include "Best Male Stand-Up Comedian" at the Connecticut Comedy Festival *continued on page 23*



• Senior Center continued from page 22 •

and winner of the "First Annual Connecticut Comedy Idol" will be here featuring his puppets Howie Rose, Sal Monella, and Aunt Edna on Wednesday, February 4th at 1:30 pm.

• Join us on Friday, February 13th at 1:00 as **FRANK PENDOLA "The Troubadour"** entertains us with his highly talented voice. He has performed locally for many years and has been a company regular at the Granite Theater since 2003, where he played the role of "Tevya" in Fiddler on the Roof.

• Sirena Sultana will share her passion for **belly dancing** with us on Tuesday, February 17th at 1:00 pm. Along with a student, the two will put on a show you will not want to miss. Imported from Egypt and Turkey their costumes will also amaze you.

• On Wednesday, February 25th at 1:00 pm join us as we welcome back Jo Anne Harrison- Becker for her workshop **"Accentuate the Positive".** Topics will include Shine a Positive Light, 7 "Secrets" to a Happier Life, How to Keep a Positive Attitude and Stay Positive around Negative People, and much much more.

• On Thursday, March 12th at 1:00 pm, **Larry Batter**, who has been entertaining audiences throughout Connecticut and New York for over 35 years, will be performing for us. Getting his first big break at the Piano Bar of Poor Richards Restaurant in 1980, Larry has been amusing people with his humor and music ever since.

• On March 17th at 1:00 pm, **The Gray School of Irish Dance** will perform a variety of Irish Dances including soft and hard shoe dances. The dances will include Reels, Jigs, Hornpipes (both contemporary and traditional), and Celtic dances. The dancers will be dressed in traditional Irish Dance costumes.

For more information on these programs and to become a member, please call Stephanie Lyon at (860) 434-4127.

Hollywood Night at the Bookworm Ball

Friends group plans Hollywood Night at the Bookworm Ball for March 21. If your invitation to George Clooney's wedding got lost in the mail, don't worry. Here's another chance for a night of star-studded glamour.

Just save this date – Saturday, March 21st – and plan to attend Hollywood Night at the Bookworm Ball. Once again, this popular annual fundraising event, presented by The Friends of the Old Lyme-Phoebe Griffin Noyes Library, will take place at the Old Lyme Country Club. And as the name suggests, the Academy Awards[®] gala will be the theme.

Plans call for a glamorous night of stars on the red carpet in their fashion finery, music and dancing, live and silent auction excitement, and elegant edibles all in support of a beloved community resource, The Old Lyme-Phoebe Griffin Noyes Library. A crush of fans and paparazzi is expected.

This historic landmark is more than a library for borrowing books. It's a gathering place where discussions, lectures, movies, music and stories bring people together to share ideas, to learn and to be entertained. Offering a variety of adult, teen and toddler programs, it's an after-school homework resource, an adult education center, an art gallery and a place to read the paper, or use the free Wi-Fi to read it online. At the OL-PGN Library you can get a passport renewed, learn Mahjongg, join a book group, or attend a lawn concert.

The Library Friends is a non-profit organization that pledges to raise more than \$40,000 annually to buy new books and bring educational programs for tots, teens, and adults to the Library.

Tickets to Hollywood Night at the Bookworm Ball will be available after January 1st, 2015 by calling or visiting the Old Lyme Phoebe Griffin Noyes Library or by going online to http://www.oldlyme.lioninc.org/bookworm-ball-2015/.



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The Size-Up

We at the Old Lyme Fire Department hope you are enjoying this beautiful Fall weather. This quarter we would like to once again emphasize the importance of home safety.

Every Home Should Have at Least One Working Smoke Alarm. Buy a smoke alarm at any hardware or discount store. It's inexpensive protection for you and your family. Install a smoke alarm on every level of your home. Working smoke alarms can double your chances of survival. Test it monthly, keep it free of dust and replace the battery at least once a year. Smoke alarms themselves should be replaced after ten years of service, or as recommended by the manufacturer.

Prevent Electrical Fires. Never overload circuits or extension cords. Do not place cords and wires under rugs, over nails or in high traffic areas. Immediately shut off and unplug appliances that sputter, spark or emit an unusual smell. Have them professionally repaired or replaced.

Use appliances wisely when using appliances--follow the manufacturer's safety precautions. Overheating, unusual smells, shorts and sparks are all warning signs that appliances need to be shut off, then replaced or repaired. Unplug appliances when not in use. Use safety caps to cover all unused outlets, especially if there are small children in the home. This is especially relevant during the Christmas/Seasonal Holidays. **Caring for Children.** Children under five are naturally curious about fire. Many play with matches and lighters. Fifty-two percent of all child fire deaths occur to those under age 5. Take the mystery out of fire play by teaching your children that fire is a tool, not a toy.

Caring for Older People. Every year over 1,000 senior citizens die in fires. Many of these fire deaths could have been prevented. Seniors are especially vulnerable because many live alone and can't respond quickly.

Proper Disposal and storage of hot ashes: Store ashes in a metal container that can be tightly closed with a metal lid. Dump ashes into the container. Douse the ashes with water. Place the lid on the container and place the closed container outside your home away from combustible materials. Leave ashes in the container for several days before disposing of them. Wood ash, once completely cooled, can safely be disposed.

DO NOT store your metal ash container on your deck, in your garage or in any location that may allow heat to transfer from those hot coals to nearby flammable items.

DO NOT place hot ashes in a dumpster. There are certainly other combustible materials already in the dumpster.

DO NOT dispose of ashes in paper, plastic or cardboard containers.

continued on page 25

Three generations, over 60 years of continuous and reliable personal heating oil delivery



• The Size-Up continued from page 24 •

DO NOT assume the ashes are cold and pour them onto the ground (even into a hole) where leaves can blow onto them or the wind can stir up sparks.

Once you are **POSITIVE** your container of ashes is "cold," place in a pile and prepare your container for the next load. Until next time, stay safe out there.

Firefighter John J. Cody, OLFD Safety/Public Affairs Officer

Excerpts taken from the U.S. Fire Administration and the State of Virginia Department of Forestry.

Town Hours & Holiday Schedule

Town Hall will be closed on the following Holidays: Thursday, December 25 – Christmas Day and Thursday, January 1st – New Year's Day.

Town Hall Hours for most departments is Monday through Friday, 9:00 am – 4:00 pm.

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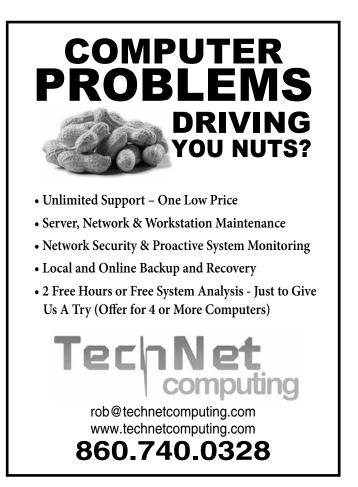
Happy Holidays!

We wish you a Happy and Safe Holiday Season!

26 Pratt Street	
Essex, CT	
860-767-3100	

212 Main Street Hampton, CT 860-455-2121 53 Hope Street Niantic, CT 860-739-0066

www.welchstandishinsurance.com





OLD LYME, CT www.zelekelectric.com

Vista Arts Center: Celebrating the Artist Within



The Vista Arts Center is a unique, community arts program for adult artists of all abilities. Located in Madison, Connecticut, the Vista Arts Center has been offering classes in literary, performing, and visual arts since September 2012 and is now opening its classes to all adults

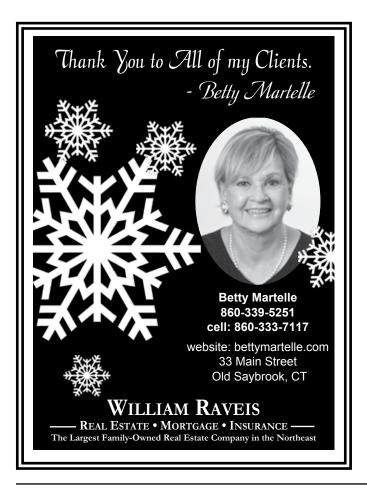
in the shoreline community! The Vista Arts Center is unique in that they believe that the ability lies inside everyone, and they are waiting to "celebrate the artist within" you! The Vista Arts Center's mission is to provide quality arts programming to a diverse, adult population that promotes self-expression and learning in a nurturing, noncompetitive environment. Their programming and instructional methods encourage the inclusion of all talent and skill levels while providing a platform for the development of artistic and interpersonal skill development, self-esteem and confidence. All courses are led by arts professionals with many years of experience in their field of specialty and in individualizing instruction for a variety of students.

In almost two years of operation, the Vista Arts Center has grown exponentially in its diverse offerings, instructors and community involvement. They have participated in over 7 art showings, put on a full scale, all abilities, community theater production of "Joseph and the Amazing Technicolor Dreamcoat" in partnership with the Ivoryton Playhouse and saw their class offering grow from 4 classes to 30 classes. Contact us for our Fall-Winter semester. We have new and exciting offerings for everyone.

For more information about how you can start celebrating your artist within at the Vista Arts Center, please contact Jeanean Cox, Arts Program Manager at 860-399-8080 or jcox@vistavocational.org. Visit Vista online at http://www. vistavocational.org.



Vista Arts Center's instructor, Kelley Kapfer, leads art students Laura Quintavalla and Erin Doyle in Action Painting Class.





Lyme Academy College of Fine Arts

A College of the University of New Haven

Current exhibition **Studio Faculty Exhibition 2014** on view in the Stillman Gallery through January 10th.

Student Holiday Exhibit & Sale in the Sill House from December 5-17th. Opening reception December 5th, 5 to 8 pm. Public welcome.

Gallery hours: Monday-Saturday, 10 am to 4 pm

Old Lyme Water Pollution Control Authority

The Old Lyme Water Pollution Control Authority continues to follow its policy of sewer avoidance except in areas where that is not feasible. Such is the case with the three beaches under a consent order and two other existing shoreline areas identified as a problem by the State of CT. There are no current or future plans to consider sewer service for any other part of town except shoreline areas limited to Old Colony Beach, Old Lyme Shores, Miami Beach, Hawks Nest and Soundview.

We continue to monitor the pump outs of Septic Systems per town ordinance. In response to the many letters and questions we have received recently: our Town Ordinance requires systems to be pumped every 7 years. We encourage owners to have a professional evaluate their systems if they feel they need to pump more or less frequently than 7 years.

Further, the ordinance does not require that systems be treated as some haulers recommend. Haulers may send you notices telling you your system requires service or pumping. These are solicitations that are not prompted by or recommended by the Town. Please be aware any decision about servicing your system prior to 7 years is up to you. Please call the Health Department (860 434-1605) in Town Hall with any questions.

Kurt J. Zemba, Chairman, WPCA

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Cable Advisory Council Scholarship Applications Available

Applications are now available for the Old Lyme Area Cable Advisory Council Scholarship. Graduating seniors entering a communications program after high school, who live in East Haddam, Haddam Neck, Hadlyme, Lyme, Old Lyme, or Salem, are eligible to apply for the scholarship.

Students who have received scholarships from the Advisory Council include: Meghan Nosal, Blaise Berglund, Lindsey Knepshield (Lyme-Old Lyme High School) in 2013; Daniel Koenigs and Carli Smith (Lyme-Old Lyme High School) in 2012; Elissa DeBruyn and Sophia Harvey (Lyme-Old Lyme High School), Dane Paracuelles (Haddam-Killingworth High School) in 2011; and Sophie Bakoledis, Sarah Briscoe, Megan Devlin and Sarah Schmidt (Lyme-Old Lyme High School) in 2010.

Applications are available through the Guidance Offices of the following High Schools: Hale-Ray, East Lyme (for Salem residents), Lyme-Old Lyme, and Haddam-Killingworth (for Haddam Neck residents). Scholarship applications are due March 31 and official notifications will be made by the high schools during Senior Year Award ceremonies.

Volunteer Opportunities

To prepare for the winter and spring seasons, the Connecticut Office of Tourism is inviting industry partners to become volunteers, serving as Connecticut Ambassadors at any of five Connecticut Welcome Centers.

As a Connecticut Ambassador volunteering at a Connecticut Welcome Center, you'll have the opportunity to promote your destination to thousands of incoming visitors looking for things to see and do and places to eat and stay. Meet and greet potential customers and talk with them face-to-face! It's a great way to get up close to a promising market of potential visitors and customers. Find out which welcome center is closest to you and sign up today with Rosemary Bove at rosemary.bove@ct.gov. This could be the start of a new volunteer career for you, and a boost to your business.



Lymes' Youth Service Bureau

Lymes' Youth Service Bureau

American Girl Holiday Tea. Saturday, December 13th, 2:00 to 4:00 pm, Fee: \$20, for Ages 5 and up. It's time for LYSB's annual American Girl Tea. You'll create festive holiday crafts and have a traditional tea party with china cups and tea cakes! Time for party games and stories too. Call LYSB to register 860-434-7208 x0.

Helping Hands. Monday, December 15th, 2:15-4:00 pm. For middle schoolers. Lend a hand helping others in our community during the holidays. We will complete a holiday based community service project. Call LYSB to register 860-434-7208 x0.

Babysitting Day. Saturday, December 20th, 9:00 am to 1:00 pm. Let the elves at the LYSB watch your kids while you finish your holiday errands. For children of all ages. Will be entertained by members of the LYSB Youth Advisory Council. Cost is \$20 and includes lunch, crafts, games, snacks, movies and fun. Must register in advance by calling LYSB at 860-434-7208 x0. All proceeds benefit the Youth Advisory Council Scholarship.

Babies First. Mondays 9:30-10:40. Fee: \$40/5 weeks sessions. For new and expecting moms, or parents of children up to 12 months. Join us for social time and parenting discussions. Weekly topics of interest and guest speakers include issues and concerns commonly found during the first year of parenthood. Common topics of conversation have been nursing, sleep habits, transitioning to solid foods, baby's dental health, sign language with your baby, and infant massage. Meeting in the casual and child friendly atmosphere of Mimi's Place at LYSB, nursing moms and diaper changing always welcome. Pre-register by calling LYSB 860-434-7208 x0.

Mixed Ages Playgroup. Wednesdays 9:30-10:40 am, 5 week session \$40. Playgroups are theme based groups for 70 minutes each week including circle time – finger plays and group songs, a story, snack time, a craft, as well as social connections. Your child will gain confidence in social settings. He or she will begin to understand a sequence of events and time while participating in group experiences. You can expect to build new resources and friends for you and your family while visiting with other adults. Pre-register by calling LYSB 860-434-7208 x0.

Sensory Playgroup. Thursdays 10:00-11:00 am. Ages 2 and up. Feb. 5, 12, 19, 26th March 5 & 12th Six weeks \$30. This mixed age group focuses on 45 minutes of hands on activities. Encouraging even your youngest child to engage in the exploration of sensory experiences with a variety of unique child safe materials. Leave the preparation and mess to us as your

child enjoys experiments with textures, creative expressions, & simple construction, while interacting with other children in the group. Your child will sort, measure, and engage in activities that they select. Pre-register by calling LYSB 860-434-7208 x0.

Create Your Own Playgroup. Meet your friends or make new ones. This group is not facilitated but registration is expected for this group. Space is limited to 12 caregiver/child combinations. Call LYSB to inquire about date availability. Enjoy the security of Mimi's Place & playground, in our child friendly environment while attending to your own group's needs. Set-up and clean-up by participants. While this group is free, donations are always greatly appreciated when possible. Pre-register by calling LYSB at 860-434-7208 x0.

Infant and Baby Massage. Reduce Colic, fussing & encourage healthy sleep patterns. A bonding and rewarding positive style of parenting awaits you, not just now, but for the rest of your child's life. The nurturing touch your family is longing for.

Call LYSB for upcoming dates and info 860-434-7208 x0. The International Association of Infant Massage was founded by and is supported by Vimala McClure, the author of Infant Massage, A Handbook for Loving Parents.

Music With Margie. Wednesdays, 10:45-11:15 am. This fall our music classes are free due to a generous donation. Music with Margie is a "joy-based" music and movement preschool program for young children based on the simple truth that children learn and retain knowledge through PLAY! By teaching in a multi-sensory fashion, using music, rhythm, and rhyme, children gain the skills they need for kindergarten in a setting of relaxation and fun. Enthusiastically performed, written, and taught by Connecticut-born Margie Warner. Weekly topics include everything from families to weather to dinosaurs – all in a fun, safe environment. Margie is a member of both ASCAP and the Connecticut Storytelling Center. Preregister by calling LYSB 860-434-7208 x0.

Middle School After School Program. Meets Tuesdays and Thursdays from 2:15 to 4:00 pm. Come hang out at LYSB and participate in a variety of crafts, games, and fun activities. Students can walk to LYSB after school and passes for the Late Bus will be provided. This is a drop in program open to any LOLMS student. Registration fee of \$30 and permission form required, available on our website www.lysb.org

Elementary After School Club. Every Wednesday 3:00 to 5:30 pm. For grades 2-5. Come to LYSB's Activity Center with your friends to play games, enjoy crafts, snacks, and more. Fun is guaranteed! Students from Center School will be escorted to LYSB. Students from Mile Creek & Lyme Schools will take the bus directly to LYSB. Fee is \$125 for the year. Pre-register by calling LYSB at 860-434-7208 x0.

Youth Advisory Council (YAC). Every Wednesday 7:00-8:00 pm. YAC is a high school community service club that *continued on page 30*

• LYSB continued from page 29 •

participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us any Wednesday night! For questions call 860-434-7208 x0. Just show up, fun is guaranteed.

Girls Circle. Self esteem workshop for girls in middle school. Three Mondays: January 26, February 2 and 9, 2015. 2:15-4:00 pm. The shortest distance between isolation and belonging is a circle.

LYSB is pleased to offer our popular program for girls. Join us each week for a different theme and activity designed to increase girls' self-esteem, body image, and social support. Pre-register by calling LYSB at 860-434-7208 x0. Fee: \$20. Late bus passes are available. During this program girls will: Develop connections & feel included; Build strong interpersonal skills; Strengthen self-care & well-being, even under stress; Dissolve barriers to respect, confidence & empathy.

Lego After School Program. Grades K-6: Tuesdays from 4:00-5:30 pm. Design and build motorized machines, catapults, pyramids, demolition derby cars, truss and suspension bridges, buildings, and other constructions. Explore real world concepts in physics, mechanical engineering, and architecture while playing with your favorite creations. An experienced instructor will challenge new and returning students to engineer at the next level. This is a hands-on and minds-on class suitable for LEGO[®] novices to "maniacs." Contact LYSB at 860-434-7208 x0 or visit our website www.lysb.org for details.

Knitting Workshop. Tuesdays from Jan. 6 - Feb. 10, 6 weeks \$65 includes materials. Open to students in grades 3-5.

Lyme Consolidated (Bus P) 4:00 - 5:20 pm

Mile Creek School (Bus N) 3:40 - 5:00 pm

Stacey Harris will guide your children as they learn the basics of using knitting needles and yarn to create a special project. Children who learn how to knit create something from their own hands, increase motor skills, learn the process of how to finish a pattern over time, and increase their attention span while having fun with their friends. Knitting is a skill that lasts a lifetime once learned and is a confidence booster for your child. Pre-register by calling LYSB 860-434-7208.

1-2-3 Magic Effective Discipline for Children 2-12. Tuesday March 3rd & 17th, 6:30 – 8:30 pm, \$20 per family. Parents! Who's in charge at your house? A humorous look at parenting, a serious look at discipline.

Lymes' Youth Service Bureau offers 1-2-3 Magic to help parents find solutions to the challenges of disciplining children ages 2-12. This program is based on the best-selling book by Thomas W. Phelan. Ph.D. published by ParentMagic Inc. Group will be led by Arleen Sharp, LYSB Parent Educator. Preregister by calling LYSB at 860-434-7208 x0.

continued on page 31

Old Lyme Municipal Departments

- ,		
<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-3047
Assessor	Walter Kent	434-1605 x218
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Skip Sibley	434-1605 x212
Building	John Flower	434-1605 x230
Emergency Management	David Roberge	434-1605 x231
Fire Marshal	David Roberge	434-1605 x231
Harbormaster	Harry Plaut	434-1605 x212
Health	Vijay Sikand, M.D.	434-1605 x214
Information Technology	Ruth Roach	434-1605 x237
Town Historian	John Pfeiffer	434-8829
Land Use	Kim Groves, Kim Barrows	434-1605 x236
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Gary Inglis	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-2461
Registrar of Voters	Sylvia Peterson & Don Tapper	434-1605 x226
School District #18	Superintendent of Schools	434-7238
Senior Center	Stephanie Lyon	434-4127
Social Services	Valerie Goncalves	434-1605
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Eileen Coffee	434-1605 x221
Treasurer	John Bysko	434-3632
Zoning Enforcement	Keith Rosenfeld	434-1605 x225
	OTHER AGENCIES	
Library/Passports	Mary Fiorelli, Director	434-1684
Youth Services Bureau	Mary Seidner, Director	434-7208

Old Lyme - Community Listings

JSEFUL NUMBERS	
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CAMP CLAIRE
CONSUMER PROTECTION
LYMES' YOUTH SERVICE BUREAU
SENIOR CENTER
OLD LYME VISITING NURSE
OLD LYME HISTORICAL SOCIETY (860) 434-0684
9 TOWN TRANSIT
LYME/OLD LYME JR WOMEN'S CLUB (860) 501-9773
DEMOCRATIC TOWN COMMITTEE
REPUBLICAN TOWN COMMITTEE (860) 434-0740
LYME ART ASSOCIATION
VETERANS OF FOREIGN WARS -
LYMES' POST 1467
AMERICAN LEGION - POST 41
SCHOOLS
SUPERINTENDENT'S OFFICE DISTRICT 18 (860) 434-7238
MILE CREEK SCHOOL (860) 434-2209
CENTER SCHOOL
MIDDLE SCHOOL
LYME/OLD LYME HIGH SCHOOL
MULTICULTURAL MAGNET
(NEW LONDON) (860) 437-7775
COLLEGES
LYME ACADEMY COLLEGE OF FINE ARTS (860) 434-5232

• LYSB continued from page 30 •

In this two part workshop you will learn: How to discipline without arguing, yelling or spanking; How to control obnoxious behavior; How to handle the 6 kinds of testing and manipulation; 5 tactics for encouraging good behavior; What to do about bedtime, messy rooms, lying & chores; Homework, practicing and more; How to strengthen your relationship with your child.

Engineering For Homeschoolers with Engineering Imagination, LLC. All Homeschool classes take place at LYSB. Fee: \$85 per four week class, or \$225 for all three session. Pre-register by calling LYSB at 860-434-7208 x0.

• **ROCKET SCIENCE.** Four Thursdays: January 8, 15, 22, 29, 10:00 am to 12:00 pm, ages 8-14. Blast off in this thrilling class full of young "aerospace engineers!" Students in this class will use a wide variety of mediums, including recycled plastic bottles, foam blocks, tape, cardboard, paper, newspaper, string and glue. Young engineers will design a rocket while learning about aerospace engineering. In addition, chemical engineering will be explored as a method of propulsion.

• EGG-GINEERING. Four Thursdays: February 5, 12, 19, 26, 10:00 am to 12:00 pm, ages 8-14. Students will have a blast learning about and applying real-world engineering concepts in hopes of avoiding an egg-plosion. Given only recycled materials (cardboard, plastic containers, plastic bags, etc.), students will have to design a contraption capable of protecting a raw egg during free-fall drops from varying heights. Students have so much fun with this timeless engineering challenge that they will arrive to class eager and excited to apply practical engineering skills.

• **AROUND THE WORLD OVER 80 BRIDGES.** Four Thursdays: March 5, 12, 19, 26, 10:00 am to 12:00 pm, ages 8-14. Our thrilling bridge building program gives students the opportunity to learn about real-world architecture and engineering involved with bridges. Students will apply the concepts and knowledge they learn while building scale models of different bridge styles! Students will even test the structural integrity of certain bridges, using them as functioning aqueducts, suspending a six-foot span and even by standing on them.

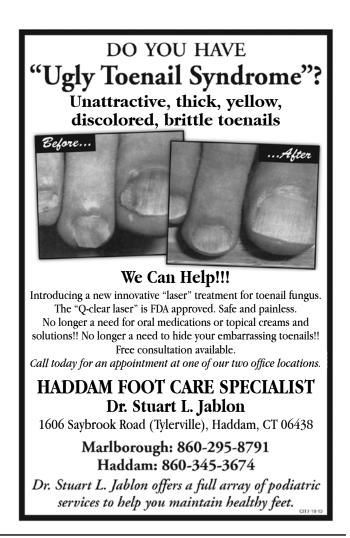
CASFY: Community Action For Substance Free Youth. Meets the First Tuesday of the month at LYSB at 7 pm. CASFY is the prevention coalition for Lyme and Old Lyme and our goal is to reduce substance use among youth through a variety of strategies. We are fortunate to have a strong group of citizens who care about this issue. Please join us at an upcoming meeting. Newcomers are most welcome. To learn more about our work, visit www.lysb.org and click on CASFY.

Support Group: Survivors Of Suicide Loss. Joining hands as we walk on this journey together towards healing one breath at a time. We are a group of survivors, together to offer support, comfort, and understanding. Our group provides an atmosphere of acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources, and to give and get support through the long grief process. **Meeting times:** 1st & 3rd Thursday of each month at 6:30 pm at LYSB, 59 Lyme Street. Please call to register: Ann Irr Dagle, 860-625-5280.

CHANGE HAPPENS: A Program For Children Of Divorce. Wednesdays, 4:30-5:30 pm. Change Happens is LYSB's program for children and adolescents whose families are going through divorce, separation, remarriage, and custody issues. This program was designed to assist children through the continuum of family reorganization, change or upset. We will address self-esteem, issues of loss, communication and transition. Hands on activities will help young people express themselves. All young people who are managing the emotions and hurdles of family transitions will benefit from this program which will be held at LYSB and led by a licensed clinical social worker. Fee: \$90 for six week sessions. Pre-register by calling LYSB at 860-434-7208 x0. All calls are confidential.

Job Bank. Do you need help with your lawn? Need a new babysitter? Have odd jobs waiting for attention? Call the LYSB Job Bank for names of area youth interested in working for you. (860-434-7208).

Kids who want to be listed in the Job Bank need to register at LYSB with a parental permission form available at www. lysb.org For middle and high school youth ages 12 to 18.



Musical Masterworks Continues Its Chamber Music Series

Musical Masterworks will continue its 2014-2015 season of chamber music at the First Congregational Church of Old Lyme with concerts on Saturday, February 14 at 5 pm and Sunday, February 15 at 3 pm. Featured artists will include pianist Gilles Vonsattel, clarinetist Todd Palmer, and violinist Bella Hristova. Musical Masterworks Artistic Director Edward Arron will perform on cello and serve as host for the concerts. The program will include works of Beethoven, Stravinsky, Debussy, and von Weber.

The series will continue on Saturday, March 14 and Sunday, March 15 with concerts featuring pianist Adam Neiman, violinist Maria Bachmann, violist Hsin-Yun Huang, and cellist Edward Arron performing works of Schubert, Saint-Saens, Dvorak, and others.

Tickets to the February and March concerts are \$35 with \$5 student tickets available. Please call 860-434-2252 or visit www.musicalmasterworks.org for tickets and information.

Musical Masterworks will also present its third annual Young People's Concert on Saturday, March 14 at 11:30 am. This year's concert will feature a musical version of Jean De Brunhoff's classic children's tale *The Story of Babar, The Little Elephant,* orchestrated for solo piano by Francis Poulenc and performed by narrator Benjamin Luxon and pianist Jeewon



Violinist Bella Hristova will perform on February 14 and 15. Pianist Adam Neiman will be featured on March 14 and 15.

Park. Adults will only be admitted with a young person in tow. Suggestion donation is \$5 per family.

The First Congregational Church is located at 2 Ferry Road.

High Hopes Winter Film Festival

MUSICAL CHAIRS to be shown Saturday, January 17, 2015 at 4:00 pm. Musical Chairs is a romantic tale of two New Yorkers, Armando from the Bronx, and Mia from the Upper East Side, who come together through their love of ballroom dancing. When a tragic accident puts Mia in a wheelchair, Armando, aided by a group of colorful misfits at the rehab center, dedicates himself to helping Mia dance once more by introducing her to the world of competitive wheelchair ballroom dancing.

HÅSTDANS PÅ HOVDALA to be shown Saturday, February 28, 2015 at 4:00 pm. Håstdans på Hovdala is a film about a unique creation process. In July 2013, the American dance company, The Equus Projects, spent three weeks in a Swedish forest creating an evening length theatre work that brought together four dancers, four horses and a cast of Swedish performers with autism. Filmmaker David Fishel follows the progression of the creation process, the equine training, and the deepening connection that develops between the human and equine performers. The film premiered at Lincoln Center in February 2013.

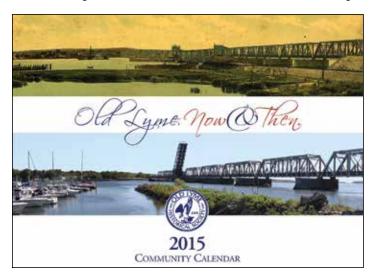
Both films will be shown at High Hopes Therapeutic Riding, 36 Town Woods Road, Old Lyme. Admission is free but donations to support High Hopes programs and herd will be welcomed.

For more information please visit www.highhopestr.org or contact Susan Shulman at 860-434-1974, ext. 128 or sshulman@highhopestr.org.

High Hopes is one of the oldest and largest therapeutic riding centers in the United States, operating since 1974 and accredited by PATH Intl. since 1979. High Hopes primarily serves the citizens of Southeastern Connecticut, delivering 7,891 horsemanship lessons per year to children and adults with disabilities. Assisted by 675 volunteers and a herd of 27 horses specifically trained for therapeutic riding, High Hopes is committed to providing the highest quality of services to the community.



Old Lyme Historical Society



February 13, 2015 marks the 250th anniversary of The Loving Parting. One might ask, what does that term refer to? Actually, it is a very significant date in the history of our town. By 1648 there were families already living on the east side of the Connecticut River. By1665 they had met the requirements set down by the colonial government, i.e. a "competency of land to entertain thirty families" and the ability to support a minister. On February 13, 1665, six representatives of families living on the east side of the Connecticut River met with five representatives of the Saybrook Colony to form their own "plantation" in a formal, but amicable agreement known as the loving parting. The representatives from East Saybrook, the name Lyme was known by then, were John Comstock, Matthew Griswold, John Lay, Sr., Reynold Marvin, Richard Smith, and William Waller. In 1667, the inhabitants of the now independent East Saybrook petitioned the colonial government to change the name of the settlement to Lyme.

The Old Lyme Historical Society in cooperation with historical societies in East Lyme, Old Saybrook, Salem, and the Lyme Public Hall Association is planning commemorative events which include the involvement of students in a reenactment, area wide proclamations, a booklet and other surprises.

The third annual "Now & Then" Community Calendar for 2015 has been launched. This year the sponsors include the Town of Old Lyme, the PGN Library, Speirs Plumbing, Lyme Art Association, The Carousel Shop, The First Congregational Church of Old Lyme, Black Hall Grille, Florence Griswold Museum, The Lyme Academy College of Fine Arts, Bee & Thistle, Cooley Gallery. The month of December was reserved for our own Old Lyme Historical Society to mark our 10th anniversary. The reception was held at the Lyme Art Association in November. There are calendars still available in the genealogy room at the Library. Also, whenever you see the flags out at our new home, 55 Lyme Street, visitors are welcome to visit and purchase any of our publications.



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OLD LYME ALERTS

Our community has "weathered" more than our share of serious storms in the last few years and our Town wants to help you be prepared for – and stay safe during – any emergency situation.

- Irene, Sandy, and Nemo left most of us without power for a week.
- Our Emergency Operations Center ran efficiently.
- The Respite Center at the Senior Center was opened for hot meals and electrical power for recharging phones and laptops.
- Volunteers helped deliver newsletters and supplies to neighborhoods in need.

But we were not able to reach all of you with updates on conditions and we want to do the best we can to communicate with everyone when emergencies occur or are imminent. For example, we can let you know if a health crisis poses a threat to our community; or if a fire or accident will restrict access to some neighborhoods; or, if we have been advised to take safety precautions; and, of course, if our community needs to prepare for another impending hurricane or winter storm.

Our new **OLD LYME ALERTS** will allow us to provide you with important messages in the way that you specify – texts or calls to your cell phone, calls to your home or business phone, emails to your home or work. You tell us the best way to contact you, and we'll do the rest.

Many of you enrolled in Old Lyme Alerts on Election Day – nearly 1,000 so far! Our goal is 100% participation. If you haven't already enrolled, just follow the instructions & complete the form below.

Let's work together to keep everyone in our community safe. Best Regards,

Bonnie A. Reemsnyder, First Selectwoman

dent will restrict access to neighbo hurricane or winter storm. The conta	nt situations. We can let you know if a health crisis poses a threat; if a fire or acci- rhoods; and, of course, if our community needs to prepare for another impending act information you provide is protected. It will not be used for any other purpose.
for local Old Lyme Alerts.	ed for notifications through the state system (ctalert.gov), you will want to register
,	isit www.oldlyme-ct.gov and follow the link) or complete the form below.
	Please print clearly.
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www.eventsmagazines.com

Florence Griswold Museum





This winter, women tell their stories at the Florence Griswold Museum. *Life Stories in Art: Three Women/Three Artists/Three Centuries* are concurrent exhibitions that celebrate the contributions of three significant women artists in Connecticut – Mary Rogers Williams (1857–1907), Mary Tarleton Knollenberg (1904-1992), and Kari Russell-Pool (b. 1967) – each of whom is under recognized for their accomplishments. Through the artists' works, letters, and life stories, the exhibitions explore these women's progressive pursuits of unconventional lives and work, their conflicts in balancing multiple roles as mothers, wives, and artists, and their journeys of self-discovery.

As part of the *Magic of Christmas* celebration, the Museum is proud to unveil *The Skaters* by Miriam Barer, a generous gift of the Tamsky Family that will be displayed in the historic Griswold House. Painted in 1943 and inspired by the novel outdoor rink at New York's newly-completed Rockefeller Center, Barer captures the energy of the city during the holiday season. The New Haven-born Barer trained at the Yale School of Fine Arts, where she learned the ancient technique of egg tempera painting, using pigments she ground by hand. This generous gift captures the delight of winter.

The Magic of Christmas runs from December 5 to January 4. New palettes for Miss Florence's Artist Trees bring the total number of artists who have donated their work to this Christmas icon to well over 150. Along with the Artist Trees, the Florence Griswold House will be decorated for a 1910 Christmas (with a few surprises!) and with three designer fantasy trees. Visit FlorenceGriswoldMuseum.org for concerts, teas, family activities, and other special events.

Lyme-Old Lyme Chamber of Commerce

Celebrate the season with six weeks of Light Up Old Lyme events, from concerts and special exhibits, to holiday sales.

Keep up with special events at

www.VisitOldLyme.com

and don't forget to BUY LOCAL this holiday season! Season's Greetings from all of us at the Chamber!

- Cathy Frank, President



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Trash and Recycling Curbside Pick-Up

Curbside trash removal is performed by Old Lyme Sanitation (860-434-3800). There is **no trash pick-up on the following Holidays:** Christmas (December 25), New Year's (January 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in September), and Thanksgiving Day (fourth Thursday in November). Trash normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, trash pickup moves to the following day, until Thursday and Friday, which remain on schedule. Please be advised that Old Lyme Sanitation DOES NOT take off the same Holidays as the Town does.

Please have trash container out at curbside by 6 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. **Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans.** Phone Michele Hayes (860-434-1605, ext. 212) with any additional trash removal questions that you may have.

Single stream curbside recycling pick-up is provided for clean bottles, cans, #1 - 7 plastics and paper products co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete





Question: When can I use my automatic trash container for yard waste & leaves? **Answer:** NEVER! Yard waste & leaves should be composted on your property, or brought to the Town's Transfer Station. A small fee will be charged based on the quantity. If you place yard waste in your trash container, your trash will not be picked up.

list of acceptable single stream recyclables is available on the Town's website (www.oldlyme-ct.gov)-- click the trash and recycling link on the Selectman's or Public Works pages or at www.shorelinesanitation.com. Information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes (860-434-1605, ext. 212) with any additional questions you may have.

Curbside recycling is performed every other week by Old Lyme Sanitation (860-434-3800). There is no recycling pickup on the following Holidays: Christmas Day (December 25), New Year's (January 01), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in September), and Thanksgiving Day (fourth Thursday in November). Recycling normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, recycling pickup moves to the following day, until Friday, which remains on schedule. Recycling information is available on the Town's website (www.oldlyme-ct.gov), as well as in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes (860-434-1605, ext. 212) with additional questions you may have.

Additional automated trash and recycling containers should be ordered through Michele Hayes (860-434-1605, ext. 212) in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80. Please mark clearly your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

Connecticut River Gateway Commission Donates \$5,000 To "The Preserve" Fund



Presentation of \$5,000 to "The Preserve Fund" – Connecticut River Gateway Commission Chairman Melvin Woody presents a \$5,000 contribution to The Preserve Fund to Kate Brown (center), Trust for Public Land Project Manager for "The Preserve" acquisition. On the far left is Commission Vice Chair Nancy Fischbach, and on the right are Commission Secretary Madge Fish & Treasurer Margaret ("Peggy") Wilson.

The Connecticut River Gateway Commission has contributed \$5,000 to the Trust for Public Land Campaign to Preserve the 1,000 Acre Forest.

The donation will help ensure that the parcel known as The Preserve in Old Saybrook, Westbrook, and Essex will be permanently protected as forestland and wildlife habitat.

The Gateway Commission was established in 1973 to administer the Connecticut River Gateway Conservation Zone. Eight towns in the lower Connecticut Valley: Chester, Deep River, East Haddam, Essex, Haddam, Lyme, Old Lyme, and Old Saybrook joined together in a compact to create the Conservation Zone in order to protect the scenic, historic and environmental resources of the lower Connecticut River.

Although not within the Conservation Zone, The Preserve lies within the lower Connecticut River watershed. It is the last thousand-acre coastal forest between New York and Boston and includes the headwaters of streams that flow into the Connecticut. The Commission believes that its protection is important to the ecological health of the watershed and the river.

According to Gateway Commission Chairman Melvin Woody "The Gateway Commission is gratified to join in this vital preservation project."

For more information about the Connecticut River Gateway Commission, go to www.ctrivergateway.org or contact J. H. Torrance Downes at (860) 581-8554, or email him at tdownes@ rivercog.org.

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Duck River Garden Club: Events For The Year Abead

Duck River Garden Club meets at 7:00 pm on the second Monday of each month at the Lymes Senior Center; Town Woods Road in Old Lyme. Visit our updated website at www. oldlymeduckrivergc.org Call Kathy Burton (860) 434-8024 or Barbara Rayel (860) 434-2354 for more information about becoming a member.

Upcoming Events for the New Year include:

Monday, February 9th. Speaker: Mark Comstock, Kingsville Grower. **Program:** Bonsai 101. Mark will explain interesting facts about propagation and grafting and we will practice the basics of bonsai featuring his Kingsville Boxwoods. Bring clippers. Small fee for non-members.

Monday, March 9th. Speaker: Linda Lillie, Sprigs & Twigs, Gales Ferry. **Program:** Using Native Plants in Your Yard. Sprigs & Twigs, Inc., a leader in landscape design specializing in environmentally-friendly, low maintenance, naturalistic landscapes, creates one-of-a-kind gardens for residential and commercial properties across southeastern Connecticut.

Monday, April 13th. Speaker: Jeff Woodward, Woodward Greenhouses, Chaplin, CT. Program: Living Wreaths. Seasonal favorites are grown year-round such as daylilies and succulents. They have branched out into moss topiaries, creating new "living walls." They supply a wide variety of plant materials including herbs and perennials, holiday flowers, and custom planters to garden centers, florists, and specialty shops.



Members participate in Annual Holiday Wreath making for public buildings in Old Lyme. Club members gather fresh greens, create the wreaths and large bows and personally deliver them to designated locations. Additional greens are used for "tussie mussies" to decorate trays delivered by Meals on Wheels to local residents.

Monday, May 11. Speaker: Ruth Bennett, "The Iris Lady." Program: In the Garden – Dividing Iris. Ruth is the Treasurer of the Connecticut Iris Society and a Master Judge for the American Iris Society. She will share her knowledge of irises grown in CT with a focus on those irises bred by hybridizers right here in New England. We will learn when and how to divide iris plants. Ruth grows more than 150 iris varieties.







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